

# UNDERAGE DRINKING

## Conversation Tips By Age

Navigating the topic of underage drinking with your child can be a challenging and anxiety-inducing task. We understand the importance of addressing the issue, and we aim to serve as a resource for Wyoming parents to explore effective strategies, seek advice, and learn practical tips that promote a safe and open dialogue. Together, let's make a positive impact on our state and initiate this important conversation today. This is Wy We Talk.

## HIGH SCHOOL

High school is a time where this conversation takes a more serious tone. The effects of underage drinking can be so much harsher in high school because these implications can leave them with life long consequences. It is important to have this conversation multiple times during this time of their lives. It is important to remember that it is common for kids at this age to feel pressure to drink alcohol and be around other kids that are doing it themselves and as parents we need to try our best to take a non-judgmental approach to the conversation.

- 1 Do you think underage drinking is dangerous?
- 2 How prevalent is underage drinking in your school or friend group? Have you ever felt pressure to drink alcohol?
- 3 Why do you think other people your age are drinking underage?
- 4 Have you ever been in a situation where someone around you was drinking underage? How did you feel?
- 5 Do you know any consequences of drinking alcohol underage? Do you know what an MIP is?
- 6 How do you think alcohol can affect your physical and mental health? Do you think it can affect your grades or ability to get into college?
- 7 Are you aware of legal consequences and potential risks associated with underage drinking and driving? Do you know what a DUI is?
- 8 Have you ever felt unsure about how to refuse alcohol if it was offered to you? What strategies do you think would be effective in those situations?

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- 9 What role do you think parents and schools should play in educating young people about the dangers of underage drinking?
- 10 If you or your friends were at a party where people were drinking and you suspected someone had drank too much, what would you do to ensure their safety?
- 11 Do you think it is worse to get in trouble by calling for help if someone drank too much or do nothing once someone has drank too much and potentially not get in trouble?
- 12 What would you do if someone offered you a ride after they had been drinking? Especially if it is someone you know really well?
- 13 Do you feel like there could be social consequences to drinking underage?
- 14 If you and your driver had too much to drink and couldn't drive what could you do to get home safely?