

UNDERAGE DRINKING

Conversation Tips By Age

Navigating the topic of underage drinking with your child can be a challenging and anxiety-inducing task. We understand the importance of addressing the issue, and we aim to serve as a resource for Wyoming parents to explore effective strategies, seek advice, and learn practical tips that promote a safe and open dialogue. Together, let's make a positive impact on our state and initiate this important conversation today. This is Wy We Talk.

MIDDLE SCHOOL

Discussing underage drinking with middle schoolers is an important conversation. This is an age where they are being influenced by many factors and are being exposed to new habits and behaviors everyday. The goal is to have these conversations and talk about underage drinking before a child experiments with it or it becomes a problem. Here are some talking points:

- 1 Have you ever been to a friend's house where their parents let them drink alcohol underage?
- 2 Do you have any questions on alcohol and the effects that it could have on your body or brain at this age?
- 3 Do you think our family has a healthy relationship with alcohol? Why?
- 4 What do you know about underage drinking? Have you heard or seen anything about it?
- 5 Can you share your thoughts on why some young people might be tempted to drink alcohol before they're legally allowed?
- 6 If you are at a friend's house and they offer you alcohol, what are some ways you can say no?
- 7 If you or one of your friends were in a situation where someone needed help because they had been drinking, what would you do?