

UNDERAGE DRINKING

Conversation Tips By Age

Navigating the topic of underage drinking with your child can be a challenging and anxiety-inducing task. We understand the importance of addressing the issue, and we aim to serve as a resource for Wyoming parents to explore effective strategies, seek advice, and learn practical tips that promote a safe and open dialogue. Together, let's make a positive impact on our state and initiate this important conversation today. This is Wy We Talk.

YOUNG ADULT

During this time in your child's life, they are going through many life changes and are experiencing pressure in regards to relationships, work, continued education and much more. The conversation shifts into thinking about what consequences or dangers underage drinking could potentially be associated with. As always, we want to come off non-judgmentally and help steward a productive conversation. We can be a resource for how to get out of scary situations, we can help our children create an exit strategy and use this as an opportunity to build trust so that if those situations occur, they will reach out to you for help.

- 1 Do you think it is dangerous to drink alcohol underage? Why do you think people would choose to drink alcohol underage?
- 2 Have you ever been to a party where people are drinking underage and it has been supplied by people that are 21 or over?
- 3 What would you do if you are really uncomfortable drinking but your friends are encouraging you to do it? Can we walk through some strategies to get out of that situation?
- 4 If you or your friends were at a party and you found yourself alone and under the influence, how could you safely get home?
- 5 Do you know the signs of someone who may have had their drink tampered with? What are some ways to prevent a drink from being tampered with? Do you feel comfortable telling me about any experiences you've had with alcohol?
- 6 What are the effects of drinking underage? Physically? Mentally? Socially?
- 7 Are you aware of legal consequences and potential risks associated with underage drinking and driving? Do you know what a DUI is?
- 8 Do you feel like there could be social consequences to drinking underage?
- 9 Do you feel a lot of peer pressure to drink at social events?