

VAPING

Conversation Tips By Age

Having open and non-judgmental discussions with your children about vaping is crucial. WY We Talk is here to provide valuable insights, guidance, resources, and support to help you navigate these conversations effectively. It's important for parents to address the pressures surrounding vaping and provide accurate information about its risks. As a parent, you play a vital role in guiding your children towards healthier choices. Creating a supportive and non-judgmental environment, fostering open dialogue, and emphasizing the importance of informed decision-making can help your child resist the temptation to vape.

YOUNG ADULT

As your child enters young adulthood, they encounter various challenges and pressures, including those related to vaping. Create a supportive environment where your child feels comfortable discussing their thoughts and experiences. Talk about their curiosity or interest in vaping, the health risks associated with it, the influence of marketing tactics, and any peer pressure they may have encountered. Addressing misconceptions and discussing reasons why young people are drawn to vaping can provide valuable insights to you as a parent. Here are some talking points to consider when discussing the risks of vaping:

- 1 What are your thoughts on vaping? Do you know anyone who vapes?
- 2 Have you seen or heard any advertisements or promotions related to vaping? What are your thoughts on these ads?
- 3 Do you think there is a difference between vaping and smoking cigarettes? Why or why not?
- 4 I've heard about the rising rates of vaping among young adults. What are your thoughts on this issue?
- 5 Do you think there is enough awareness about the negative effects of vaping on campus or at work? What more do you think can be done?
- 6 Have you ever thought about trying vaping or using e-cigarettes? If so, why?
- 7 Are you familiar with the health risks associated with vaping? What do you know about them?
- 8 Can you explain the appeal of vaping to me? What do you think makes it popular among young people?

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- 9 Are there any specific brands or types of vaping devices that you or your friends find appealing?
- 10 How do you handle peer pressure when it comes to making decisions about vaping?